



In Loving Memory

*Mitchell Edward
Hamilton Ho*

*January 11, 1997- May 28,
2008*

Mitchell Edward Hamilton Ho –11 yrs young peacefully departed our world at 7:30pm on May 28, 2008 to continue his life in the next journey. On April 15, 2008 during recess on the playground, Mitchell suffered a spontaneous cardiac arrest. Despite the efforts of the school officials, first responders, paramedics, and the medical team at BC Children's Hospital; Mitchell suffered a devastating stroke and passed away peacefully due to heart failure.

Mitchell was a blue belt in Shito Ryu Karate and a precious member of the Arbutus Club Dojo, as well as the Shito Ryu Canada Karatedo Kai. Mitchell can be best remembered as the bright sun that shines through the cloudy days with his warm smile and his kindness towards others. Mitchell exemplified the true *Budo* (warrior) spirit by always showing courage when faced with adversities. He is missed by everyone who knew him.

His spirit will always be in our hearts and memories whenever we train. May he rest in peace.

William & Alice Chung Sensei

